

# The Windmill

**Rembrandt Court**

1 Madras Street, Oaklands Park SA 5046  
Ph. 8198 0300

Issue 90, 21 August 2017

**The weekly newsletter of Rembrandt Living**

**Home Care Hub**

21 Greenfields Drive, Green Fields SA 5107  
Ph. 8198 0300

## FROM THE EDITOR

Welcome to the 90<sup>th</sup> edition of The Windmill.

Thank you to those that made our first Ageing Matters Information Session - "Dementia: see the person not the disease" a success at Rembrandt Court last night. We shared lots of information, had discussions, role plays, tears and laughter. Looking forward to doing this again soon at our Home Care Hub at Green Fields. See below some photos from the night.

## LIFESTYLE

### Resident Feedback

The Residents' Meeting held on Wednesday 16 August in House 6 with 4 residents and 3 staff in attendance and discussed:

- Some Residents have experienced restrictions on the Internet – Paul IT to attend.
- Different opinions raised about Food- Nasi Goreng and Seafood Marinara, some liked it some didn't. Red Cabbage and Beans were very nice.
- More food to be offered – Andy to follow up with Staff.
- 95% of Morning Teas are as per menu which is a great improvement.
- Residents requested larger bin liners for Kitchen Bins in House 6 – Andy is on to this.

### Birthdays in August:

Happy Birthday to the following residents:



21 August	Mary van Pamelen
23 August	Johanna Weisz

## FOR YOUR INFORMATION

### 2017/18 Entertainment Book!

Looking for a great Father's Day Gift? Help us raise funds by purchasing an Entertainment Membership. Hundreds of valuable offers!

### Rembrandt Living Postal Address

Please address mail for residents or management direct to Rembrandt Living, 1 Madras Street, Oaklands Park SA 5046.

### Hairdresser

Sue will be on holidays for a few weeks, returning on Thursday 14 September. While Sue is away, the salon will be open on:

Monday 21 August

Friday 1 September

Friday 8 September

Sue is looking forward to seeing you all soon!

### New Clothing Labelling

It has come to our attention that a number of families have brought in new clothing and placed them straight into the wardrobe without a label. This makes it extremely difficult to track lost items. To alleviate this problem, please bring any new clothing in a bag to Reception and ask for the items to be labelled. Reception will then organise for Hotel Services staff to accurately label each garment.

### Nurse Call System

Due to staff absences, the launch of the call system has been delayed. We will endeavour to have the nurse call system go live next week. We will be removing the old call points from rooms, ensuites and common areas. Neck pendants will also be replaced with new ones. Please be patient as we roll out the new system and let staff know if there are any issues.

## UP AND COMING EVENTS – REMBRANDT COURT

**Mexican Day – Friday 1 September.** Get your sombreros and ponchos ready folks! It will be a fun-filled day for all.



**Fathers' Day Breakfast Barbecue**  
**Monday, 4 September** at 8.00am – please phone 8198 0300 to reserve a seat!

### Memorial Service

We will be holding a memorial service to remember residents who passed away during the year to date. Families of the former residents as well as current residents and staff of Rembrandt Court are invited to



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attend the service on **Thursday 7 September** at 10.30am. This will include unveiling our Rembrandt Living Tree of Life where a leaf is allocated to each past Rembrandt Living resident. Please phone to book a reserved seat.

## UIT EN THUIS

**Oaklands Park** on Friday 25 August at 10am: **Morning Tea, Robyn's bric-a-brac fashion shop, socialising with friends, Lunch at 12.30pm and more socialising until 2pm**

**Green Fields** on Friday 25 August at

10am: **Morning Tea, Bingo, Lunch and socialising until 2pm**

**Bridgewater** – every Tuesday from 10.00am to 2.00pm for coffee, games, entertainment and lunch

**Mt Gambier** – every fortnight on Wednesday from 10.00am to 2.00pm please check calendar dates <http://rembrandtliving.org.au/event-calendar/>

**Whyalla** - every fortnight on Wednesday from 10.00am to 2.00pm please check calendar dates <http://rembrandtliving.org.au/event-calendar/>

**Goolwa** – every fortnight on Thursday from 1.00pm to 4.00pm please check calendar dates <http://rembrandtliving.org.au/event-calendar/>

**Victor Harbor** – every fortnight on Wednesday from 1.00pm to 4.00pm please check calendar dates. <http://rembrandtliving.org.au/event-calendar/>



## VOLUNTEERS - WE NEED YOU!



Hermans on 8198 0300 or visit our website [www.rembrandtliving.org.au](http://www.rembrandtliving.org.au) and click on Join-the-Team.

We are seeking volunteers to assist our lifestyle team with residents activities, outings or assist in the Rembrandt Court Kleine Café.

Further information can be obtained by contacting Noline

## ORANJE DAY SPA



Rembrandt Court's Oranje Day Spa is open for staff, residents, family and community clients – book your appointment now! Phone Annelies on 81980300.

## KLEINE CAFÉ

The Kleine Café is open 7 days a week from 10am to 2pm and is a great place to meet family and friends for a delicious meal or choose from a selection of hot beverages and cakes. A variety of specialty grocery items are also available from the Kleine Café.

## ART CLASSES AT HOME CARE HUB

We are very excited to have Alan Louis, an award winning artist come on board to teach art classes at the Home Care Hub at Green Fields. Creating *art* is a very effective way to stimulate the brain and anyone can do it. For bookings or further information please phone 8198 0300.



## REMBRANDT 'BALANCE' GYM



The newly developed gym is on track to open on Monday 28 August. Residents will require clearance from Dr Lehmann before membership can be completed. A schedule of classes will be published shortly. Physio and O.T.

staff, Rod, Alex and Peter are happy to discuss any queries or concerns.

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## HOME CARE WITH A DIFFERENCE



Rembrandt Living provides the full suite of social and home care services right across South Australia including regional areas. We can assist

with general household cleaning, spring cleaning, personal care, meal preparation, meal delivery service, shopping, gardening, nursing and medication as well as companionship. Visit [www.rembrandtliving.org.au](http://www.rembrandtliving.org.au) for further information on our Home Care Services.

## PHOTO PAGE

CEO, Deb Dutton and Lifestyle Coordinator, Nicoline Hermans presented Dementia: see the person not the disease. The evening was very successful and due to popular demand, further such information evenings will be held – dates to be advised.





A visit to the Adelaide Central Market



Jenny appreciates the wonderful work of Rembrandt Living's Physio and OT team!



# REMBRANDT COURT SOCIAL CALENDAR - MONDAY 21 AUGUST TO SUNDAY 27 AUGUST

	Monday 21 <sup>st</sup>	Tuesday 22 <sup>nd</sup>	Wednesday 23 <sup>rd</sup>	Thursday 24 <sup>th</sup>	Friday 25 <sup>th</sup>	Weekend
<b>Morning</b>	<p><b>Morning Walking Group</b></p>  <p><b>09.30am Tai Chi in Main Room</b></p>  <p><b>10.00am - 12.00pm</b></p> <p><b>Drop off /Pick up Marion Shopping Cent</b></p> <p><b>10.30am Reminiscing for small groups</b></p>	<p><b>Morning Walking Group</b></p>  <p><b>10.30am</b> <b>Sit dance in H3/4</b></p> <p><b>11.00am</b> <b>Exercises in main room</b></p> 	<p><b>Morning Walking Group</b></p>  <p><b>10.00am</b> <b>Bingo and Morning Tea in main room</b></p> 	<p><b>Morning Walking Group</b></p>  <p><b>9.45am Van Outing</b></p>  <p><b>11.00am</b> <b>Exercises in main room</b></p> 	<p><b>Morning Walking Group</b></p>  <p><b>10.00am</b> <b>Colouring Group in H6</b></p>  <p><b>10.30am</b> <b>Reminiscing for small groups</b></p> <p><b>10.45am</b> <b>Uit en Thuis in main room</b></p> 	<p><b>Saturday 26<sup>th</sup></b></p> <p><b>Relaxation Day</b></p>  
<b>Afternoon</b>	<p><b>2.30pm Dog therapy</b></p> 	<p><b>1.30pm</b> <b>Card Making in main room</b></p>  <p><b>2.30pm</b> <b>Carpet Bowls in H1,2,5</b></p> 	<p><b>1.30pm</b> <b>Sing-along in H3/4</b></p>  <p><b>2.30pm in House 7</b> <b>Residents' Meeting</b></p> 	<p><b>1.30pm</b> <b>Children's Visit</b></p>  <p><b>2.30pm</b> <b>Sjoelen in main room</b></p> 	<p><b>1.30pm</b> <b>Hymn Singing in H7</b></p>  <p><b>1.30pm</b> <b>One on One Visits</b></p> 	<p><b>Sunday 27<sup>th</sup></b></p> <p><b>Songs of Praise</b> <b>11.30am ABC TV</b></p> 

## BALL SPORTS

O	S	B	N	V	O	L	L	E	Y	B	A	L	L
L	Q	A	E	L	L	A	B	T	F	O	S	T	O
L	U	S	T	A	G	B	P	A	L	A	O	E	P
A	A	A	B	L	O	O	B	O	R	N	S	K	A
B	S	S	A	I	L	B	E	N	L	O	L	C	S
E	H	N	L	Y	F	L	L	R	F	O	W	I	C
S	A	L	L	A	B	E	G	D	O	D	O	R	N
A	L	C	H	A	N	D	B	A	L	L	B	C	B
B	U	N	F	O	O	T	B	A	L	L	D	S	O
W	F	B	F	L	A	C	R	O	S	S	E	L	W
L	F	L	L	A	B	E	L	F	F	I	W	N	L
A	S	B	A	S	K	E	T	B	A	L	L	L	I
S	I	N	N	E	T	P	O	O	L	B	H	L	N
L	D	N	A	B	C	S	N	O	O	K	E	R	G

DODGEBALL  
GOLF  
LACROSSE  
BOWLING  
BASEBALL  
CRICKET  
WIFFLEBALL  
HANDBALL  
NETBALL  
SNOOKER  
POOL  
FOOTBALL  
BOWLS  
BASKETBALL  
VOLLEYBALL  
SQUASH  
SOFTBALL  
TENNIS  
POLO

## SCHOOL LIFE

P	C	T	S	R	A	B	M	A	R	K	E	R	S
G	L	I	T	T	E	R	E	N	E	C	K	R	C
L	A	S	S	S	A	P	M	O	C	E	M	O	L
H	S	U	D	R	A	O	B	K	C	A	L	B	E
O	G	T	K	C	I	T	S	E	U	L	G	O	R
M	J	O	U	R	N	A	L	N	O	A	A	N	A
E	X	J	E	B	A	C	K	P	A	C	K	B	S
W	B	B	E	P	E	N	C	I	L	S	O	R	E
O	C	R	G	O	S	H	A	R	P	E	N	E	R
R	S	R	L	U	N	C	H	B	O	X	R	O	G
K	K	E	B	A	E	C	R	A	Y	O	N	S	E
S	O	S	C	I	S	S	O	R	S	G	K	T	B
R	O	T	A	L	U	C	L	A	C	J	S	N	A
E	B	C	L	E	E	O	L	S	P	E	N	S	I

ERASER  
CALCULATOR  
CRAYONS  
JOURNAL  
SHARPENER  
BLACKBOARD  
GLITTER  
GLUE STICK  
PENCILS  
MARKERS  
COMPASS  
SCISSORS  
LUNCH BOX  
HOMEWORK  
BOOKS  
PENS  
BACKPACK