ISSUE 42

June 2022

Rembrandt Living Inc

Home Care & Health Centre 21 Greenfields Drive Green Fields SA 5107

Ph. 8198 0392

Rembrandt Court 1 Madras Street Oaklands Park SA 5046 Ph. 8198 0300

www.rembrandtliving.org.au info@rembrandtliving.org.au

ALLIED HEALTH CLASSES

Green Fields (North)
Every Tuesday
2.30pm - 3.30pm
Strength & Balance 4 Life

FEEDBACK

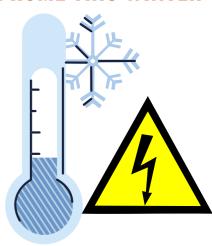
We welcome <u>all</u> feedback, good, bad or indifferent at any time.
Call us on 8198 0392;
Complete a "Have your Say" form or email us on feedback@rembrandtliving.
org.au





ELECTRICAL SAFETY TIPS IN THE HOME THIS WINTER

Electricity is an integral part of our lives, which many of us today could not imagine living without. We need it to power our appliances, lighting, heating and cooling. Electricity is so entrenched in our daily lives that it's easy to forget that if used incorrectly, with Winter here it is a timely reminder to be vigilant with electrical cords and devices in the home



Please see some important safety tips below:

- Inspect appliances, plugs, switches and cords regularly for damage and repair
- Do not excessively bend cords
- Always ensure there is adequate ventilation and space around appliances that generate heat
- Minimise the use of extension cords. Plug directly into the wall where possible
- Do not run them under rugs or carpets
- Always unwind cords fully during use to prevent overheating, don't tie them together
- Do not "piggy-back" a double adapter and try not to overload a power board with too many appliances
- Turn off switches whenever not in use, you'll save power too!



Thank you for your patience and understanding as we have had a few staff that have had to isolate due to being close contacts or being unwell themselves.

This has resulted in changes with your regular and well loved support workers that unfortunately cannot be avoided.

However, your safety and that of our staff is paramount.

GET TO KNOW THE GREENFIELDS STAFF

Name: Joyce Fliegner

Job Title: Support Worker

How long have you been with Rembrandt Living: I started working for Rembrandt

in 2013.

What is your country of birth? I was born and grew up in the Philippines. Before we moved to Australia I lived for 13 years in Hong Kong.

What do you like most about working at Rembrandt? I find it very rewarding to help elderly people. I enjoy their company and we always have a good chat.

What do you like to do in your Free time? I enjoy going to the gym, hiking up Mount Lofty every Sunday, shopping with my friends and going out for dinner every Friday night with my husband.

What is your favourite restaurant or cafe? Rusco Brusco, Lenzerheide, Orientai, Chef Kim and Samurai Teppanyaki House.

What is your favourite food? Filipino, German, Italian, Thai and Korean foods.

What has been one of your best holidays? Visiting family in Germany, and exploring the Amazon in Colombia.

Mention something about YOU that people may not know: I am fussy and tidy in my home. I enjoy home decorating. I also love cooking and eating. And I collect shoes and bags.

REMEMBER YOUR 2022 INFLUENZA VACCINATION - IT IS A REALLY BAD FLU SEASON!

What is Influenza?

Influenza is a highly contagious viral infection that can cause widespread illness and deaths every year. Influenza viruses usually spread when an infected person coughs or sneezes. People may spread the virus before they know they are infected. This year we are all more vulnerable to influenza due to lower recent exposure to the virus and lower uptake of influenza vaccines. With international borders reopened, we will see more influenza in 2022.

Symptoms of influenza can include:

- fever (high temperature)
- cough
- muscle or body aches
- runny or stuffy nose



Social Harmony Chit Chat

Rembrandt Court

Main Hall
(SOUTH)

1 Madras Street
Oaklands Park

Fridays

Open Door Community
Church
(SOUTH COAST)

1 Collingwood Street Goolwa Thursdays

Victor Harbor
Recreation Centre
(SOUTH COAST)

5 George Main Road Victor Harbor Fridays

ARBUP SESSIONS

Home Care & Health Centre (NORTH)

21 Greenfields Drive
Green Fields



Kembrandt CELEBRATES NATIONAL VOLUNTEERS WEEK MAY 2022



National Volunteers Week was held from Monday 16th to Sunday 22nd May and after the two years it is now more important than ever to recognise and acknowledge our wonderful volunteers. Whether its a Group Sessions, Social Harmony or Rest & Recreation we wouldn't be Rembrandt without all of your thoughtful and continuous help!

THANK YOU TO OUR WONDERFUL VOLUNTEERS. WE APPRECIATE YOU & YOUR SERVICE TO REMBRANDT LIVING.









May 2022

Rembrandt Living is a notfor-profit incorporated association owned by Members and governed by a Board of Directors.

The Board is responsible for the overall governance, management and strategic direction of the organisation including performance in line with our goals and objectives. The operations of the organisation are delegated to the CEO.

The Board meets at least 10 times per year.

Upcoming meetings

Finance, Audit, Risk & Compliance Committee 29 June 2022

Capital Works & Infrastructure Committee 13 July 2022

Board Meeting 6 July 2022

Clinical Governance Committee 19 August 2022

Consumer Reference Group 21 July 2022

Rembrandt

BOARD MATTERS

The monthly newsletter of the Rembrandt Living Board

The May Board meeting was held on Wednesday 1 June, at the Marion Hotel, as the Board continues to be extremely cautious of the possibility of bringing COVID-19 into Rembrandt Court. It was once again a very full agenda, and we continue to be very lucky to be served by such a considered and thoughtful group of directors.

The agenda reflected the business of 2022, with many items included due to deferral from previous meetings. Dedicating the full April Board meeting to strategy was appropriate and necessary and has laid the groundwork to enable us to develop a new Strategic Plan 2022 to 2025, which work has commenced on in earnest. This will remain a standing item on the agenda until we have finalised the plan, and additionally the Business Plan for 2022/23 which flows out of the strategic direction.

The progress report on the Business Plan for 2021/22, which soon comes to an end, was also considered, as it was one of the items which had been deferred. Board noted that the report reflected the times in which we currently find ourselves, with most goals on the plan continuing to be on track. Home Care is well overdue for their reaccreditation visit, which Rembrandt Court had in February, however the Aged Care Quality & Safety Commission has fallen well behind with visits, due to the pandemic.

Annual reviews were held for a number of items - Board Committees and their usefulness, Conflicts of Interest and the Constitution. Action Plans were endorsed for the Chief Executive Officer and the Board, following recent evaluation processes.

The Business Improvement Fund grant funding was reported on, with expenditure of over \$100,000 to 25 May 2022. The additional grand funds are required to be expended by 30 June 2022, and suitable projects are well underway to achieve this.

The draft budget for 2022/23 was discussed, and will be presented for final approval at the next Board meeting.

Meet Director Paul Thorne

Paul joined the Rembrandt Board in 2017 and is Chair of the Capital Works and Infrastructure Committee. Paul has over 20 years of experience in senior executive and corporate leadership roles with leading South Australian organisations in local government, retirement living and aged care.

Paul is currently the Chief Executive Officer of Lakeside Villages Incorporated and has recently held positions as the interim Chief Executive at the Southern Region Waste Resource Authority and the General Manager of the Adelaide Central Market Authority. Paul also consults for BRM Advisory who are recognised for their long history of delivering market leading and specialised consulting services to both local and state government.

