

# Menu

8.00am *Check In*

8.30am **Welcome - Deb Dutton** (Rembrandt Living CEO) and introduction to **Angus O'Loughlin, MC**

8.45am **A 'Positive' Time - Teepa Snow**

World-renowned dementia expert, Teepa Snow knows life's most wonderful moments are had around a table—even when living with dementia! Teepa will captivate attendees by explaining and illustrating eating from the viewpoint of the person living with dementia and alleviate common concerns. With new skills, attendees will not just leave with a plan for better nourishment, (including textures, tastes and connections) but inspiration to create a fulfilling experience for all.

10.15am *Morning Tea*

10.30am **Nourishment for the Dementia Soul - Maggie Beer AO**

In the words of food-icon Maggie Beer "Older people deserve the very best food ... exciting, delicious meals that uplift and bring joy..." Be inspired by Maggie as she takes you on a journey through her passion - food for older people, her Foundation's work and new ways to improve meal times. Watch and learn as Maggie teaches how to prepare healthy, tasty foods that enhance the quality of life of older Australians.

12 noon *Lunch & networking*

12.45pm **Mystery Box - Amanda Orchard** (Maggie Beer Foundation)

Selected members of the audience will have the opportunity to participate in a texture modified food creative plating challenge that uses exciting, accessible, full of flavour foods, to showcase what's possible for cooks/chefs to replicate back in their homes.

1.45pm *Afternoon Tea*

2.00pm **Sights, smells and sounds - Teepa Snow & Maggie Beer AO**

Watch as the experts recreate dining experiences that showcase the simple ways the environment and design can positively impact the wellbeing and quality of life of those living with dementia.

2.30pm **Time to Talk - facilitated by Angus O'Loughlin**

Panel discussion - Maggie and Teepa will join together on stage to answer your questions (opportunity to submit questions on the day).

3.45pm **Close**

4-5pm *Cocktail Function* - networking opportunity for those registered.

