

# ISSUE 390

26th May 2023

## Rembrandt Living Inc

Rembrandt Court  
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Oaklands Park SA 5046

**Ph. 8198 0300**

Home Care &  
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## UPCOMING DATES

### CONNECTIVITY COFFEE

Thursday 8th June 2023  
10.30am in the Main Hall



### WORLD ELDER ABUSE AWARENESS DAY

Thursday June 15th 2023



### FOOTY TIPS

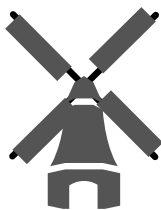
Be sure to have your tips in by  
COB on Thursdays



We welcome all feedback!

Call 8198 0300 or

Email [feedback@rembrandtliving.org.au](mailto:feedback@rembrandtliving.org.au)



# THE WINDMILL

The Rembrandt Court Weekly Newsletter

## THE POWER OF FRIENDSHIP

The benefits of having good friends in our lives are no secret.

Friends are there to cheer us on, celebrate our successes  
and help us through challenging times.

Research has shown that older people living in aged care are  
twice as likely to feel lonely as older people living in the  
community, this is a worrying statistic.

Making friends can be difficult at any stage of life, it can be  
even more daunting as we get older, but there are many  
different ways to get to know people and build friendships.  
So we have gathered some advice for building friendships  
in a residential aged care setting.

- Eat meals in the dining area or other social space
- Consider taking part in activities
- Find compatible interests
- Communicate with staff

Can staff help me to make friends in a care home?  
The staff are there to support you in whatever way you need.  
If you'd like to make friends, speak to a staff member and let  
them know. They can help you to build social connections by  
introducing you to other residents, keep you informed of  
activities and events taking place or even find a volunteer  
with shared interests to connect you with.



# Rembrandt

## HAIRDRESSER ON HOLIDAYS

Sue will be going on leave from

**Friday 9 June returning Monday 10 July.**

Cazna will join us during this time, working Mondays only, doing sets and blow-dries only.



## SHOE FITTING SERVICE

Mobile Comfort Shoes will be here on **Wednesday 31st May 2023 at 9.30am** to fit and sell shoes for any residents who require this service. There is a \$30 fitting fee per resident plus the cost of any shoes that are ordered. Please book with our reception staff.

## MADRAS STREET RESURFACING

The road resurfacing works on Madras Street and associated road closures has been postponed due to the rainy weather we are experiencing.



We will keep you informed as soon as we are advised, as to when these works will now occur.

## DOCTOR ON LEAVE

Doctor John will be on leave from Tuesday 30th May to Wednesday 7th June 2023. If a doctor is needed for our residents during this time, a locum will be contacted.

## MAY SHE REST IN PEACE

It is with great sadness that we announce the passing of Rembrandt Living resident Trudy Aries on the 25th May 2023. Our thoughts and prayers are with Trudy's family and friends during this time.



## RESIDENTS' BIRTHDAYS

Mihalina Herbut - 4th June

Heather Hanley - 7th June

Elza Briegel - 9th June

Fenna Korver - 13th June

Bill Schmitz - 14th June

Pauline Showell - 29th June



## SOCIAL HARMONY CHIT CHAT GROUPS



### SOUTH

REMBRANDT COURT

Friday 2nd June 2023

### SOUTH

Victor Harbour

5 Main George Road, Victor Harbour

- In Recreation Centre

Friday 2nd June 2023

### Goolwa

Open Door Community Church

1 Collingwood St, Goolwa

Thursday 1st June 2023

## RESIDENTS' MEETING

Wednesday 24th May 2023 attended by 5 residents and 2 staff members.

- Residents were informed that the microwave has been replaced in Daffodil House
- Our food services coordinator has approval to replace the coffee machines in all houses. They will be streamlined, water tanks easier to refill and will have push button selections
- Residents are happy with their meals

**All Residents Welcome**

Rembrandt



# MY MENU

## LUNCH

## DINNER

Mon  
Maandg

29th  
May

Honey Mustard Chicken or Honey Mustard Vegetables served with Rice/Potatoes , Mixed Vegetables & Beans

Butter Scotch Pudding

Mushroom Soup  
Vegetarian Frittata, Cous Cous Salad or Sandwiches either Egg & Lettuce or Turkey & Cranberry

Ice Cream

Tues  
Dinsdag  
30th

May

Beef Lasagne or Vegetarian Lasagne served with Chips, Salad, Mixed Vegetable

Peach Cobbler & Custard

Chicken Noodle Soup  
Egg Bacon Bake Beans & Hash Browns or Sandwiches either Chicken, Lettuce & Mayo or Cheese & Gherkin

Pears & Custard

Wed  
Woensdag  
31st  
May

Beef Stroganoff or Mushroom Stroganoff served with Rice/Potatoes, Roast Pumpkin and Broccoli

Chocolate Pannacotta

Pumpkin & Sweet Potato Soup, Hot Dogs with Sauerkraut  
Sandwiches either Beef & Chutney or Tomato & Cheese

Strawberry Pudding

Thurs  
Donderda  
1st June

Creamy Chicken Lemon Meat Balls or Vegetarian Lemon Meat Balls served with Rice or Steamed Potato, Sweet Potato & Herbed Buttered Beans

Lemon Pudding & Cream

Tomato Soup  
Hamburgers with Coleslaw or Sandwiches either Egg & Mayo or Ham & Cheese

Spiced Apple & Cream

Fri  
Vrijdag

2nd  
June

Crumbed Fish with Tartare Sauce or Potato Croquets served with Chips, Salad or Mixed Vegetables

Black Forest Cake

Broccoli Soup  
Bacon & Tomato Quiche served with Salad or Sandwiches either Chicken & Mayo or Cheese & Gherkin

Jelly and Ice Cream

Sat  
Zaterdag  
3rd June

Cottage Pie or Lentil Cottage Pie served with Mash Potato, Pumpkin & Brussel Sprouts

Apricot Crumble with Custard

Lentil Soup  
Party Pies and Pasties with Chips  
Sandwiches  
Egg & Lettuce or Ham & Tomato

Ice Cream & Topping

Sun  
Zondag  
4th  
June

Roast Lamb or Roast Vegetables served with Roast Potatoes, Roast Carrots & Peas

Bread & Butter Pudding

Beef & Vegetable Soup  
Potato Bake  
or Sandwiches either  
Ham, Cheese & Tomato or Cheese Gherkin

Chocolate Pudding



# Australia's Biggest Morning Tea

Was held in our Main Hall on Thursday 25th May 2023

A huge success, enjoyed by our residents and families !



Many thanks to all who donated to the Cancer Council. Our heartfelt gratitude to our Lifestyle team and Jo our chef for organising such a fantastic event.

