

ISSUE 51

April 2023



CONNECTOR

Rembrandt Living's Home Care Newsletter

Rembrandt Living Inc

8198 0392

Home Care & Health Centre
21 Greenfields Drive
Green Fields SA 5107

Ph. 8198 0392

Rembrandt Court
1 Madras Street
Oaklands Park SA 5046
Ph. 8198 0300

www.rembrandtliving.org.au
info@rembrandtliving.org.au

ALLIED HEALTH CLASSES

Green Fields (North)
Every Tuesday
2.30pm - 3.30pm
Strength & Balance 4 Life

FEEDBACK

We welcome all feedback,
good, bad or
indifferent at any time.
Call us on 8198 0392;
Complete a "Have your Say"
form or email us on
feedback@rembrandtliving.org.au

Rembrandt

MEET THE TEAM FROM ALLIED HEALTH!

Who we are:

- Alex Lytas - Allied Manager & Occupational Therapist - joined RL in 2017
- Davina Hart - Occupational Therapist - joined RL in 2018
- Tyson Maiolo - Occupational Therapist - joined RL in 2022
- Vicky Schwarz - Occupational Therapist - joined in 2022

Our team provide Allied Health Services to the Residents of Rembrandt Court, and we also work in the Community supporting our Home Care Clients

What we do:

- Assist with pain management, & rehab post injury.
- Functional assessments to ensure required equipment and care support is in place.
- Fall reviews & implement / review falls prevention.
- Provide group-based therapy to improve strength and balance
- Prescribe equipment to assist with everyday life.
- Mentor and supervise Occupational Therapy students



We hope you had a wonderful Easter filled with plenty of love and laughter! From our family to yours, we hope you had the happiest Easter of all!
Stay safe, stay positive,
and know we are here for you!

Best wishes from
Deb, Tracey and all at Rembrandt Living

GET TO KNOW THE GREENFIELDS STAFF..

Name: *Natalie Hutchinson*

Job Title: *Rostering Coordinator*

How long have you been with Rembrandt

Living: *Since January 2023*

What is your country of birth? *Australia*

What do you like most about working at Rembrandt? *The dedication to providing exceptional services to the ageing and care about client health outcomes.*

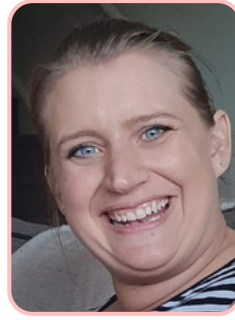
What do you like to do in your free time? *Spend time with my puppy George and family, visit wineries and road trips.*

What is your favourite restaurant or cafe? *Nu Thai and anywhere that serves a big breakfast*

What is your favourite food? *Breakfast food*

What has been one of your best holidays? *Japan 20 years ago (due to go again). I love the landscapes, culture and the people are so welcoming.*

Mention something about YOU that people may not know: *I am a mother of 3 adults: 2 Daughters and 1 son. I am a grandmother of 3. 1 grandson and 2 grand daughters.*



STAYING SNUG AND SAFE THIS WINTER

Shorter days and darker nights have arrived and it won't be long until the and wintery weather makes an appearance.

Here is our checklist for making the winter months better:

- Keep blinds and curtains closed at night to retain the heat. Close doors to unused rooms to reduce energy consumption of heaters.
- Drink warm beverages such as tea/coffee or a cup of Milo or Soup.
- Warming the bed with an electric blanket, or by layering blankets rather than using just one heavy blanket or doona.
- Dressing in layers rather than heavy clothing, and starting with basic thermals such as a vest.
- Using a wheat pack which can be heated quickly in the microwave or back and hand warmers.
- Eating well: Such as hearty soups which contain nutrients required to maintain a healthy immune system.
- Ensuring you have had your flu vaccination before winter, as flu can progress to pneumonia.

Social Harmony Chit Chat

Rembrandt Court
(SOUTH)

1 Madras Street
Oaklands Park
EVERY FRIDAY

The Community Hub
(SOUTH COAST)

Cnr Goolwa Tce & Loveday
St
Goolwa

EVERY THURSDAY

Victor Harbor
Recreation Centre
(SOUTH COAST)

5 George Main Road
Victor Harbor
EVERY FRIDAY

GROUP SESSIONS

Home Care & Health
Centre
(NORTH)

21 Greenfields Drive
Green fields
EVERY TUESDAY

FIND US ON:



Rembrandt

HOME CARE SOCIAL GROUP EASTER CELEBRATIONS





COUNTRIES AND NATIONALITIES

WORD SEARCH

Find the words listed below and circle them.

J	E	A	C	D	C	H	I	N	E	S	E
A	N	F	G	H	S	P	A	I	N	T	H
P	G	R	E	E	K	J	O	K	U	U	L
A	L	N	R	P	O	L	I	S	H	R	A
N	A	P	M	N	O	R	W	A	Y	K	M
E	N	Q	A	U	S	T	R	A	L	I	A
S	D	R	N	T	U	Y	S	N	W	S	Z
E	K	A	M	N	F	R	E	N	C	H	S
J	C	A	N	A	D	I	A	N	B	A	C

- ENGLAND
- GERMAN
- AUSTRALIA
- GREEK
- TURKISH
- FRENCH
- CANADIAN
- JAPANESE
- SPAIN
- POLISH
- NORWAY
- CHINESE

