

THE CONNECTOR

Rembrandt Living's Home Care Newsletter



HAPPY NEW YEAR!

WELCOME TO 2024! UPDATE FROM HOME CARE GENERAL MANAGER TRACEY MURRAY



Welcome to everyone and a Happy new Year to you and your family. I wish you good health and happiness from all of us at Rembrandt Living.

We are looking forward to another wonderful year working with you all together.

If you are needing to have any extra services or would like to have a review to look into your services then please do not hesitate to ring and speak with your dedicated Home Care Coordinator.

We are still seeing some cases of COVID and we continue to enact our safe infection controls with all staff/client contact to ensure that we are all kept as safe as possible.

As a friendly reminder to please continue to drink plenty of water, we certainly are having 4 seasons all at once and quite humid and we are seeing much more extreme weather conditions currently with a lot more rain for this time of the year all across Australia.

If you may be interested in attending any of our Social Group programs this year, we will be sending our calendars out each month so you can see what we have to offer.

Each month there is something new and exiting to attend from bus trips, seeing a theatre show or a trip to the beach.

Take care everyone and thankyou all for your support and trusting us to take good care of you!!

Rembrandt

Rembrandt Living
21 Greenfields Dr,
Green Fields SA 5107

Ph. 8198 0392

www.rembrandtliving.org.au
info@rembrandtliving.org.au

ALLIED HEALTH CLASSES

**Strength & Balance 4 Life
Green Fields (North)**

Every Tuesday
2:30 - 3:30pm

**Falls & Balance
Woodbridge**

Community Hall

Every Tuesday

3 session times available

Cross Fit

Woodbridge

Community Hall

Every Thursday

10-11am

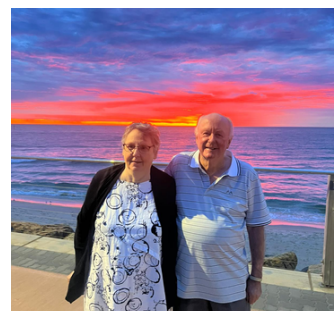
HOT WEATHER REMINDER



Hot weather can be very stressful and tiring. Try and follow these simple steps to stay healthy in the heat!

- Drink plenty of water
- Stay cool with a fan or air-conditioner
- Avoid going out in the hottest part of the day
- Keep curtains, blinds and windows closed during the day to keep your home cool
- Cool off with a shower or bath
- If you do need to go outside during the day, wear loose-fitting, long-sleeved and light-coloured clothing, a hat, sunglasses and SPF30+ or higher sunscreen.

SOCIAL HARMONY CHIT CHAT



Join us!

Speak to your coordinator today about our social groups and outings
8198 0392

SOCIAL HARMONY CHIT CHAT

Rembrandt Court (South)
1 Madras Street
Oaklands Park
EVERY FRIDAY

Victor Harbour
Recreation Centre
(SOUTH COAST)
5 George Main Road
Victor Harbour
EVERY FRIDAY

NORTHERN SOCIAL PROGRAMS

Home Care & Health Centre
(NORTH)
21 Greenfields Drive
Greenfields
EVERY TUESDAY, WEDNESDAY, THURSDAY AND FRIDAY

FEEDBACK

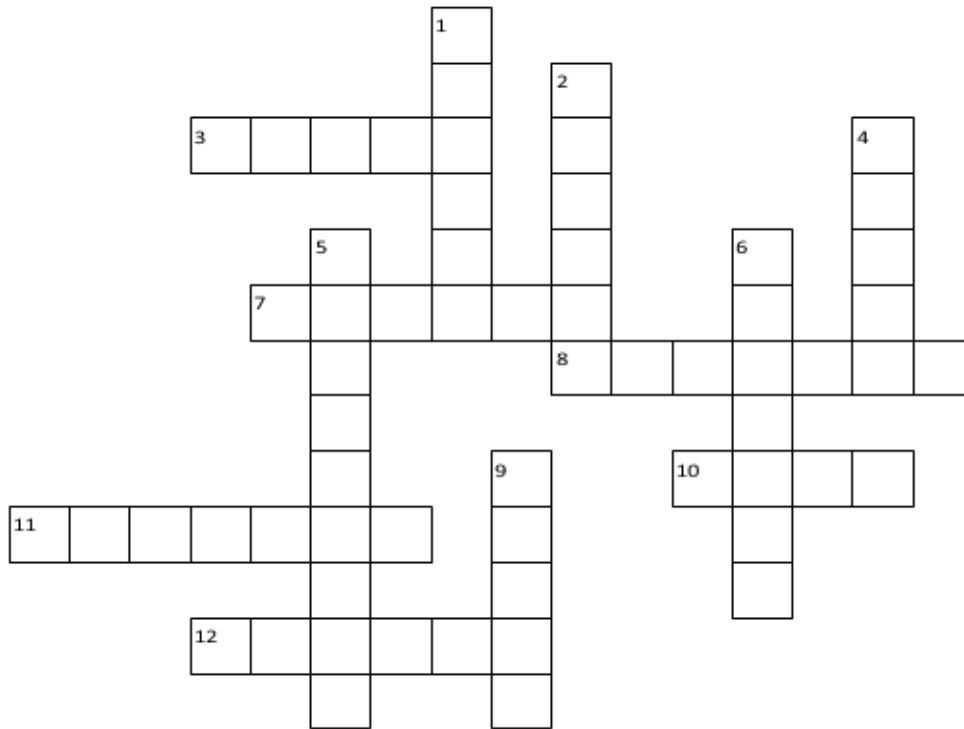
We welcome all feedback, good, bad or indifferent at any time.

Call us on 8198 0392;
Complete a Feedback Survey form or email us on feedback@rembrandtliving.org.au

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Crossword Puzzle



Down:

1. A place for passing time with movie stars
2. I am a distant relation to a koala but I make my home in the ground, not the trees
4. A particular position or location
5. Before thunder I appear
6. The first of a TV series: Pilot _____
9. From two lanes to one

Across:

3. Belonging/Relating to a town
7. An insect we hear on summer nights
8. Attach me to the back of your car
10. A small body of water
11. A young tree
12. Moonta is a town known for this

