

# THE CONNECTOR

Rembrandt Living's Home Care Newsletter



## WHAT IS HOME? - NICOLINE MUNDEY

They say home is a feeling - not a place. I did not fully understand that until this happened:

Before migrating to Australia, I lived in the Netherlands for over 38 years. It was a big step and I always thought to myself that the Netherlands would always be “home” to me.

As the years passed I regularly travelled back to my home country. Every time I visited the Netherlands it felt a little less like “home.”

Yes I was born there and my family was there. But when I landed in Adelaide airport, I thought to myself, “This place feels like home.” Adelaide is now where I work, live, and have my important people. It got me thinking about people living with dementia. Often they say, “I want to go home.”

Pause to reflect and ask yourself, “Are they wanting to go to a place? or are they looking for something familiar?”

A nursing home or independent living might feel very different then a home setting. People living with dementia may be seeking something familiar.

Try this next time when you hear: “I want to go home.”

Ask them, “Are you looking to do something there? or do you just want to be there?” Their response may help you to find something to meet their need for a task or a feeling.



Nicoline Munday, Dementia Care and Training manager.

# Rembrandt

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## ALLIED HEALTH CLASSES

**Strength & Balance 4 Life  
Green Fields (North)**

Every Tuesday  
2:30 - 3:30pm

**Falls & Balance  
Woodbridge**

**Community Hall  
Every Tuesday**

3 session times available

**Cross Fit**

**Woodbridge  
Community Hall**

Every Thursday  
10-11am

# SOCIAL HARMONY AND REST & REC



## SOCIAL HARMONY CHIT CHAT

Rembrandt Court (South)  
1 Madras Street  
Oaklands Park  
**EVERY FRIDAY**

Victor Harbour  
Recreation Centre  
(SOUTH COAST)  
5 George Main Road  
Victor Harbour  
**EVERY FRIDAY**

## NORTHERN SOCIAL PROGRAMS

Home Care & Health Centre  
(NORTH)  
21 Greenfields Drive  
Greenfields  
**EVERY  
TUESDAY, WEDNESDAY,  
THURSDAY AND FRIDAY**

## FEEDBACK

We welcome all feedback,  
good, bad or  
indifferent at any time.  
Call us on 8198 0392;  
Complete a Feedback Survey  
form or email us on  
[feedback@rembrandtliving.org.au](mailto:feedback@rembrandtliving.org.au)

FEBRUARY  
2024

# BOARD MATTERS

The monthly newsletter of the Rembrandt Living Board

Rembrandt Living is a not-for-profit incorporated association owned by Members and governed by a Board of Directors.

The Board is responsible for the overall governance, management and strategic direction of the organisation including performance in line with our goals and objectives.

The operations of the organisation are delegated to the CEO.

The Board meets at least 10 times per year.

## UPCOMING MEETINGS

Clinical Governance Committee Meeting  
16th February 2024

MPA&I Committee Meeting  
20th February 2024

FARC Committee Meeting  
21st February 2024

Executive Team Meeting  
22nd February 2024

Board Meeting  
6th March 2024

The Board meeting took place on Wednesday, February 7th, 2024, in the Rembrandt Court Board Room, with all Directors in attendance. The Board extended a warm welcome to its newest member, Keturah Bryson, who has replaced Sue Cantor. Sue resigned from the Board in December, 2023, but continues to serve as an external Clinical Advisor. Keturah brings with her a rich background in clinical expertise and governance, and we look forward to collaborating with her.

In February the Board held its Annual Board Lunch. This year, the event took place at Seafire On The Marina in Glenelg, on Saturday, February 3rd, 2024. The lunch was also enjoyed by the Directors partners. The board looks forward to the annual gathering as it provides an ideal opportunity for members to connect with each other on a personal level.

Alex, from our wonderful Allied Health Team, presented to the Board. He introduced the team, which consists of 4 Occupational Therapists, a Physiotherapist, and an Occupational Therapy Assistant. Alex discussed the importance of Allied Health in aged care, highlighting the expansion of services and the team's contributions to both Home Care and Residential Care. Additionally, Alex touched upon difficulties encountered with the new funding model.

It was a full agenda for the Board, with the addition of reviewing the Governance requirements. Also discussed were the Legislative changes that came into effect on December 1, 2023 and how Rembrandt Living has addressed these changes. The Directors are committed to providing exceptional advice and guidance to the Rembrandt Executive, therefore continuing to pursue professional development opportunities as they arise.

The Doreen Street Project is progressing slowly. The gas and electricity meters are being removed, in preparation for the site demolition which will happen sometime in March. Rembrandt Living is venturing into uncharted territory, and while it's an exciting endeavour, our vision remains steadfast; to establish a remarkable new independent living division within the business.

The Board is thrilled to announce the arrival of Teepa Snow to Adelaide in March. Teepa will be conducting a full day dementia conference, titled "Teepa24", on March 19 at Morphettville Racecourse. Following this, Rembrandt will host Teepa for a Champions Course the next day. If you care for someone living with dementia, the Directors strongly encourage you to attend and gain inspiration from one of the world's most respected dementia care specialists. Teepa will present in person, guiding us through a transformative learning journey. Her insights will shift your caregiving focus from simply "getting through the day" to engaging with a sense of purpose. Tickets are on sale now via Humanitix (Teepa24).



Rembrandt



# TEEPA

DEMENTIA CONFERENCE

2024  
*Rembrandt Living*

## Teepa Snow

19 March 2024

8.30am to 5.00pm

Wolf Blass Event Centre  
Morphettville Racecourse

Tickets via Humanitix  
\$245 each or  
\$1800 for a table of 8  
(includes booking fees, lunch & parking)

Be energised and motivated by one of the world's most respected dementia care specialists as she takes us on a learning journey.

Teepa, live in person, will shift our focus as caregivers from just 'getting through the day' to engaging with purpose ... With her signature style and American accent, Teepa will be sure to have us entertained along the way!

Don't miss this opportunity to learn from the best, tickets on sale now!

For tickets or scan the QR code.

