



### YOUR AGED CARE RIGHTS

Australian Government-funded aged care recipients have the right to safe and high-quality care that supports personal identity, culture and diversity. As we get older, it is ever more important to continue to have control and make choices about our lives, including where those choices may carry a risk.

These rights are protected under the <u>Charter of Aged Care Rights</u>, and it is the responsibility of aged care providers, healthcare professionals, family members and carers of older people to acknowledge and respect these rights.

How can the Older Persons Advocacy Network (OPAN) help?

- Help to understand and exercise aged care rights
- Provide support to help understand and navigate each step of your aged care experience
- Find solutions to issues you may be experiencing
- Services are free, independent and confidential

For further information and support, please contact the Older Persons Advocacy Network:

**1800 700 600** 

8am-8pm Mon-Fri | 10am-4pm Sat to be connected to your local advocate

# Kembrandt

Rembrandt Living 21 Greenfields Dr, Green Fields SA 5107

Ph. 8198 0392

www.rembrandtliving.org.au info@rembrandtliving.org.au

# ALLIED HEALTH CLASSES

Strength & Balance 4 Life Green Fields (North)

Every Tuesday 2:30 - 3:30pm

Falls & Balance
Woodbridge
Community Hall
Every Tuesday
3 session times available

Cross Fit
Woodbridge
Community Hall
Every Thursday
10-11am

### **OUT & ABOUT...**





















## SOCIAL HARMONY CHIT CHAT

Rembrandt Court (South)

1 Madras Street

Oaklands Park

EVERY FRIDAY

Victor Harbour
Recreation Centre
(SOUTH COAST)
5 George Main Road
Victor Harbour
EVERY FRIDAY

# NORTHERN SOCIAL PROGRAMS

Home Care & Health Centre
(NORTH)
21 Greenfields Drive
Greenfields
EVERY
TUESDAY,WEDNESDAY,
THURSDAY AND FRIDAY

## **FEEDBACK**

We welcome <u>all</u> feedback, good, bad or indifferent at any time. Call us on 8198 0392; Complete a Feedback Survey form or email us on feedback@rembrandtliving.org.au



## MARCH 2024

# **BOARD MATTERS**

The monthly newsletter of the Rembrandt Living Board

Rembrandt Living is a not- for-profit incorporated association owned by Members and governed by a Board of Directors.

The Board is responsible for the overall governance, management and strategic direction of the organisation including performance in line with our goals and objectives.

The operations of the organisation are delegated to the CEO.

The Board meets at least 10 times per year.

# UPCOMING MEETINGS

Home Care Consumer Advisory Committee (CAC) 21st March 2024

Residential Consumer Advisory Committee (CAC) 28th March 2024

> Board Meeting 3rd April 2024

Home Care Quality Consumer Advisory Group (QCAG) 4th April 2024

MPA&I Committee Meeting 10th April 2024

Residential Quality Consumer Advisory Group (QCAG) 11th April 2024

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The Board meeting was held on Wednesday, March 6th, 2024, in the Rembrandt Court Board Room, with one Director joining via zoom and two apologies.

For this month's Aged Care Awareness Activity, the Board invited Nicoline Mundey, our Dementia Care & Training Manager to be join the meeting. Nicoline provided insight into some of the challenges faced by staff when caring for residents living with dementia. She showcased the training she provides staff to assist in different scenarios. Nicoline also spoke about the Connectivity Cafe - held monthly at Rembrandt Court and soon Woodbridge Retirement Village. The Connectivity Cafe brings families who have a loved one living with dementia, together for support and education.

Timara Poulish and Edmondo Palombo, our Residential General Managers also joined the meeting briefly and presented on clinical governance; the definitions, standards, and how we monitor performance. They explained how our processes are tightly linked to the quality standards, including the new standards coming into effect 1st July, 2024.

The Doreen Street Project was discussed as progressing well; the gas and electricity meters have been removed, and temporary perimeter fencing has been erected in preparation for the demolition in the coming weeks. We will continue to keep you informed about this exciting project.

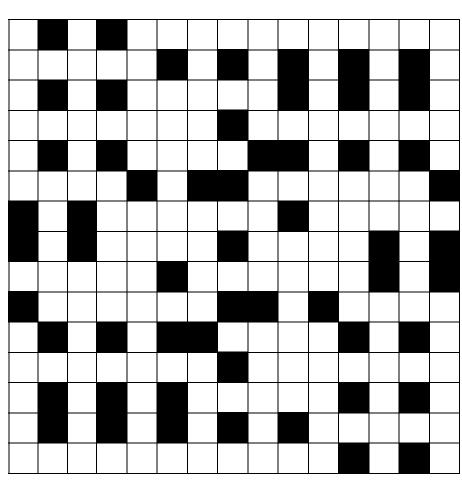
Our Vision, Mission & Guiding Principles were also up for their annual review. They were reviewed in detail by three Directors outside of the meeting, who presented their proposed changes to the Board. The Board discussed the proposed wording changes and will refer to the Consumer Advisory Committee (CAC) for their input.

Director Paul Thorne was excited to announce that the Woodbridge and Rembrandt partnership has been announced as an Ageing Asia Awards finalist. Paul will be travelling to Singapore in April to attend the conference and attend the awards ceremony. Fingers crossed!

The Board wished Deb and the organising committee the very best for the upcoming Teepa24 conference and commended them on this leadership initiative.



#### **CROSSWORD**



#### **SUDOKU**

Sudoku is played on a grid of  $9 \times 9$  spaces. Within the rows and columns are 9 "squares" (made up of  $3 \times 3$  spaces). Each row, column and square (9 spaces each) needs to be filled out with the numbers 1-9, without repeating any numbers within the row, column or square - Good Luck!

					8			6
	2	3					9	
		6	9	4				
			8			9		
2	3	8				7	4	5
		9			5			
				2	6	1		
	9					3	6	

3. Exorbitant (11) 1. Robber (6)
9. Of the ear (5) 2. Mythical monster (6)
10. Vision (5) 3. Tree (5)
12. Temperature 4. This group (5)

13. Stopping place (7)
14. Shoal (4)
15. Tinge (4)
6. Large seabird (9)
7. Reaches destination
(7)

5. Weapons (4)

18.Strengthen (6) 8.Counterparts (5) 21. Come forth (6) 11.Stunk (6)

units (7)

24. Fertile spot (5)

25. Swelling (4)

26. Maximum (4)

11. Stank (6)

16. Notions (5)

17. Dogma (5)

18. Tough fibre (4)

28. Was concerned (5) 19. Fruit (5)

30. Set as a burden (6) 20. Ornamental recess (5)

31. Glossy material (6) 22. Became less

32.Cast off (4) violent (9)
36. Amused look (4) 23. Check (4)
39. Becomes visible (7) 27. Exuding (6)

41.Inactivity (7) 29. Violent behaviour (7)

42.Proverb (5) 33.Inns (6)

43. Make deep 34. Cheque signer (6)

research (5) 35. Pacifies (5) 44.Unwaveringly (11) 37. Laughing (5)

38.Very poor (5) 40. Long detailed

story (4)

#### **MAZE**

