

ISSUE 430 - 1ST MARCH 2024

# THE WINDMILL

The Rembrandt Court Weekly Newsletter

## NEW LOOK MAGNOLIA!

Did you know people living with dementia are more likely to develop pressure sores and become easily overwhelmed in large spaces, particularly as it progresses? Rembrandt Living have invested in special pressure relieving recliner chairs for all residents in Magnolia to use. As part of a bigger project following the release of the National Aged Care Design Principles and Guidelines in Sept 2023, and extensive research we are looking to create the best dementia friendly environment possible. This will include not only the new recliner chairs, but other household style furniture carefully positioned to create smaller spaces for residents to enjoy. We will also be adding some dividing glass walls to help reduce noise and support residents who feel overwhelmed in large spaces.

### SO WHY DID WE CHOOSE CONFIGURA COMFORT CHAIRS?

They are designed to provide comfortable seating to users with mild to moderate postural requirements, help reduce the formation of pressure ulcers and help to stand or sit users with limited mobility. In other words they are perfect for people living with dementia. Being motorised, they improve residents dignity and provide greater independence, by allowing staff to assist resident to stand using the tilt function. How good do they look! Our Residents are pretty happy so far?



*Rembrandt Living*

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## UPCOMING EVENTS

### CONNECTIVITY COFFEE

Wednesday 6th March

Main Hall

10.30am

### ST PATRICKS DAY CELEBRATIONS

Friday 15th March

10.30am Main Hall



### MEMORIAL SERVICE

Wednesday 27th March

11.00am Sharp

Main Hall

# NEW SMOKE-FREE AND VAPE-FREE LAWS

Have you heard, on 1 March 2024 new smoke-free and vape-free laws were introduced in South Australia? These new laws state that smoking and vaping is banned in all public spaces in and around an Aged Care facility, including its grounds and within 10 meters of the boundary. We would like to remind everyone that smoking and vaping is prohibited in all areas of Rembrandt Court and or within 10 meters of our boundary fence.



# WEEKLY RESIDENT MEETING MINUTES

The Wednesday 28th February 2024 meeting was attended by ten residents and one staff member, during which the following topics were discussed:

- Staff gave an update on the wall painting in Rose lounge room - stay tuned for details
- The question was asked if portable pedestal fan can be used in rooms? – it was confirmed no, due to tripping risk and fire hazard.
- Residents would like a monthly movie afternoon.
- A resident asked for more varieties of mixed vegetables... corn or peas? More broccoli and spinach would be appreciated.



# RESIDENTS' BIRTHDAYS

Faye Morgan - 4th March  
Corinne Williams - 7th March  
Hilla Krefter - 14th March  
Shirley Nerlich - 18th March  
Rita Schouten - 26th March



We welcome all feedback!  
Call 8198 0300 or email [feedback@rembrandtliving.org.au](mailto:feedback@rembrandtliving.org.au)



# MY WEEKLY MENU

	LUNCH	DINNER
MON 4TH MAR	Sweet & Sour Pork or Veggies served with Rice, Sweet Potato and Broccoli  Lemon Pudding with Cream	Mushroom Soup Bacon and Zucchini Slice Sandwiches either Egg & Lettuce or Turkey & Cranberry  Strawberry Ice Cream
TUES 5TH MAR	Spaghetti Bolognese served with Chips, Salad and Mixed Vegetables  Apricot Crumble & Custard	Chicken Noodle Soup Loaded Bacon Potatoes Sandwiches either Chicken, Lettuce & Mayo or Cheese & Gherkin  Pears & Custard
WED 6TH MAR	Chicken Kiev served with Potato Bake, Carrots, Butter Beans  Chocolate Pannacotta	Potato and Leek Soup Thai Vegetable Green Curry served with Rice Sandwiches either Tomato & Cheese Beef & Chutney Peached & Cream
THURS 7TH MAR	Continental Sausages served with Potatoes, Sauerkraut and Buttered Spinach  Apple Ginger Cake with Custard	Tomato Soup Sticky Chicken & Potatoes Salad Sandwiches either Egg & Mayo or Ham & Cheese Chocolate Ice Cream
FRI 8TH MAR	Crumbed Fish with Tartare Sauce or Potato Croquets served with Chips, Salad or Mixed Vegetables  Mango Tiramisu	Broccoli Soup Steamed or Fried Dim Sims with Fried Rice served with Salad Sandwiches either Chicken & Mayo or Cheese & Gherkin  Stewed Fruit & Custard
SAT 9TH MAR	Chicken Patties or Brown Rice & Mushroom with Honey Glazed Carrots, Minted Carrots & Potatoes  Blueberry Crumble with Custard	Lentil Soup Meat Lovers Pizza or Vegetarian Sandwiches Egg & Lettuce or Ham & Tomato  Mixed Beery Cheesecake
SUN 10TH MAR	Roast Lamb or Roast Vegetables served with Roast Potatoes, Roast Carrots & Peas  Bread & Butter Pudding	Chicken & Vegetable Soup Tuna Pasta Mornay Sandwiches either Ham, Cheese & Tomato or Cheese Gherkin  Chocolate Mousse

# Rooms and living room furniture

X E I P E Y C R K I T C H E N B Q  
N C F I F D I N I N G R O O M O B  
C Y I C T H G W D P H O U S E O D  
O R R T A P A R T M E N T Y T K M  
B E E U F R A C A I A V J T C S N  
A Z P R M U Z T O I L E T S S H L  
T M L E B M H W Y U R L A M P E X  
H D A U Q O P T V A I K Z I L L Y  
R A C I C A R P E T E L M W I F X  
O D E M J V K J P H O N E O V B A  
O C S C U S H I O N L W B P I O R  
M L B Y R U N R E M O T E F N O M  
E O C U R T A I N P Q G N A G K C  
T C O T T U P A I N T I N G R C H  
O K S O F A O P L A N T W N O A A  
Q W B E D R O O M X E P Y I O S I  
I V Z F V A S E L V K N M H M E R

plant

phone

curtain

remote

tv

clock

picture

painting

cushion

vase

lamp

carpet

fireplace

bookshelf

bookcase

armchair

sofa

apartment

house

diningroom

bathroom

toilets

kitchen

bedroom

Livingroom