

ISSUE 432 - 15TH MARCH 2024

THE WINDMILL

The Rembrandt Court Weekly Newsletter

4 SLEEPS TO GO ...

The big day is almost here!! We are so excited that Teepa24 is happening this Tuesday, March 19 in the Wolf Blass Event Centre at Morphettville Racecourse! It is a sell out! Despite some lucky staff members attending this exciting education day offsite, we want to reassure everyone that we have plenty of staff staying back at Rembrandt Court to care for our residents!

Teepa Snow herself will be visiting Rembrandt Living on Wednesday, 20th March. We are all looking forward to meeting her again and of course learning from her team.



Rembrandt Living

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UPCOMING EVENTS

TEEPA 24

Tuesday, 19th March
Wolf Blass Event Centre,
Morphettville Racecourse

TEEPA VISIT

Wednesday, 20th March
Rembrandt Court

MEMORIAL SERVICE

Wednesday 27th March
11.00am Sharp
Main Hall



DEMENTIA CARE EDUCATION BY NICOLINE MUNDEY

Do word choices matter? Yes! The way we talk about dementia and people living with dementia matters. It is helpful to choose the right terminology that is respectful, dignified and it clarifies that they are people first. The most common used phrase when talking about people living with dementia is "He or she suffers from dementia". Let's replace that with "They are doing the best he or she can do while living with dementia".

People living with various forms of dementia may at times experience challenges and frustrations emotionally, physically, intellectually, socially etc. It is not our job, or role, to label that person as suffering. There will be moments of joy and celebration when living with this condition.

Supporting a person living with dementia and helping them with an activity or task may involve providing partial or full assistance. With the right education, set up, prompts and guidance, we can all work together and support our community.

RESIDENTS' BIRTHDAYS

Faye Morgan - 4th March
Corinne Williams - 7th March
Hilla Krefter - 14th March
Shirley Nerlich - 18th March
Rita Schouten - 26th March

We welcome all feedback!
Call 8198 0300 or email feedback@rembrandtliving.org.au

RESIDENT'S MEETING

Unfortunately this weeks meeting was cancelled due to covid precautions

Teepa Says...

What Are My Positive Action Starters (PAS)?

Asking Yes-No questions or requiring a specific answer increases the odds of a refusal or mis-communication!

*“Do you want to go to lunch?”
“Are you ready for your shower?”
“What do you want to drink?”*

Give Short Simple Info
“It’s time for...?” OR “This way (pointing)”

Offer Options
Use an either – or option
“This or that?” OR “This or something else?”

Try
“Let’s just try...” OR
“At least give it a try...”

Help Me
“I could use your help...” OR
“I have a favor to ask of you...”

Break It Down to Smaller Steps
Simplify the task to one step at a time...

Positive Action Starters help us help better by promoting and supporting abilities.

Be Curious
What did you learn? Who will you share it with? What will you try?

Positive Approach to Care
Promoting Brain Change about Changing Brains!
TeepaSnow.com

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**MARCH
2024**

BOARD MATTERS

The monthly newsletter of the Rembrandt Living Board

Rembrandt Living is a not-for-profit incorporated association owned by Members and governed by a Board of Directors.

The Board is responsible for the overall governance, management and strategic direction of the organisation including performance in line with our goals and objectives.

The operations of the organisation are delegated to the CEO.

The Board meets at least 10 times per year.

UPCOMING MEETINGS

Home Care Consumer Advisory Committee (CAC)
21st March 2024

Residential Consumer Advisory Committee (CAC)
28th March 2024

Board Meeting
3rd April 2024

Home Care Quality Consumer Advisory Group (QCAG)
4th April 2024

MPA&I Committee Meeting
10th April 2024

Residential Quality Consumer Advisory Group (QCAG)
11th April 2024

The Board meeting was held on Wednesday, March 6th, 2024, in the Rembrandt Court Board Room, with one Director joining via zoom and two apologies.

For this month's Aged Care Awareness Activity, the Board invited Nicoline Munday, our Dementia Care & Training Manager to join the meeting. Nicoline provided insight into some of the challenges faced by staff when caring for residents living with dementia. She showcased the training she provides staff to assist in different scenarios. Nicoline also spoke about the Connectivity Cafe - held monthly at Rembrandt Court and soon Woodbridge Retirement Village. The Connectivity Cafe brings families who have a loved one living with dementia, together for support and education.

Timara Poulsh and Edmondo Palombo, our Residential General Managers also joined the meeting briefly and presented on clinical governance; the definitions, standards, and how we monitor performance. They explained how our processes are tightly linked to the quality standards, including the new standards coming into effect 1st July, 2024.

The Doreen Street Project was discussed and is progressing well; the gas and electricity meters have been removed, and temporary perimeter fencing has been erected in preparation for the demolition in the coming weeks. We will continue to keep you informed about this exciting project.

Our Vision, Mission & Guiding Principles were also up for their annual review. They were reviewed in detail by three Directors outside of the meeting, who presented their proposed changes to the Board. The Board discussed the proposed wording changes and will refer to the Consumer Advisory Committee (CAC) for their input.

Director Paul Thorne was excited to announce that the Woodbridge and Rembrandt partnership has been announced as an Ageing Asia Awards finalist. Paul will be travelling to Singapore in April to attend the conference and attend the awards ceremony. Fingers crossed!

The Board wished Deb and the organising committee the very best for the upcoming Teepa24 conference and commended them on this leadership initiative.

DID YOU KNOW?

To constantly monitor our food quality the Board Directors eat the same meal as the residents during their meeting! Feedback (which is almost always positive) is given back to the food services team!

Rembrandt

DEMENTIA AWARENESS WORD SEARCH

a h y z q u y a k u o t w j b g k f l s e m e l o
 r b k f y o k m i d e e p o d s j d k i t s y k h
 f r b w b h f b k l q f o q r w h c h a n g e r b
 s a t w k q g e l z c d d g c w d a p p l f w n u
 w i x l g o j r x s u k q e a p h p t h o h a j i
 h n e g y t d w a q g b u m m t k e l k b e a t o
 p k w s c h a n h u b g e s t e s a b i l i t y l
 r q t d r r w z f d g h a k o l n l q w i f u w r
 l a o l j k q t e e p a n t i e v t e z u j d n h
 m g w h i z l d e n o i o e l r u f i e w k i w n
 k e l o j r a q e i s p v a y g a i p a d h a e n
 w a y k a u d w h k i a e k p n y q i p s d m j r
 p r j e x b f u l w t n b l f p r g a k l l o u i
 d l p p b y m y f o i y n i l v r o n f q y j n t w
 r o s t d e m a w e v t f c b k l o n f s t d n z
 m m o n d o f l j j e m e r a l d c a g f m w w j
 j r u m e m u k j a m k f p f a g l w c t h l c j
 q k d l u l e o l p h k u w z n r u d u h c y o d
 b d a t i e a j p g w s g p r g i s b r f m d r s
 e a t p p u n e e d s n t q o u w p o e j u z q u
 c r j r p f c b s f o p b r h a t g m i j a i e t
 o e k a l z h e i m e r l s s r g e p k r j h t y q
 w r a p p i x l i w p l t a o e e l e o l u p l d
 k a v u l f w b r y d r l s k m f s a p p h i r e
 w c j o m e m o r y u b k h w y s l e y k s e o u

diamond

positive

sapphire

brain

dementia

ruby

teepa

memory

care

approach

pearl

gems

emerald

amber

change

language

needs

cure

ability

alzheimers

Until There's A Cure, There's Care



Positive
 Approach
 to Care®
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RESIDENTS LOVED THE NEW REMBRANDT
CINEMA EXPERIENCE

MY WEEKLY MENU

	LUNCH	DINNER
MON 18TH MAR	Corn beef with mustard sauce or Vegetarian balls, served with mash potatoes, honey carrots and broccoli Tiramisu	Roast cauliflower and potato soup Zucchini sweet potatoes frittata Sandwiches, egg & mayo or ham & cheese Apricots and custard
TUES 19TH MAR	Chicken meat loaf or Vegetarian loaf Served with chips and Garden salad or mixed vegetables Pear & blueberry Crumble	Chicken vegetable soup Vegetable risotto Sandwiches, chicken & mayo or cheese & gherkin Jelly & ice cream
WED 20TH MAR	Lamb massaman curry or Vegetarian Curry Served with rice or potatoes Sweet potatoes and brussel sprouts Chocolate ripple cake	Roasted capsicum/sweet potatoes chickpea soup Salmon and brown rice slice, with salad Sandwiches, ham & mustard or egg & lettuce Strawberry Pudding
THURS 21TH MAR	Pork Meat balls in red wine sauce or Vegetarian balls, Served with mashed potato Roast pumpkin and broccoli Mango coconut pannacotta	Creamy broccoli soup Nasi Goreng with Kroepoek Sandwiches, cheese & gherkin or ham, cheese & tomato Fruit with Ice Cream
FRI 22ND MAR	Crumbed fish or Vegetarian lasagne Served with potato wedges mixed veg or salads Pavlova fruit and Cream	Lentil soup Honey soy chicken potato Salad Sandwiches, chicken, lettuce & mayo or curried Egg Pears and Custard
SAT 23RD MAR	Chicken Kiev or Vegetarian Schnitzel Served with potatoes and garden salad Lemon pudding with Cream	Tomatoes white bean soup Vegetarian pasta bake Sandwiches, turkey and cranberry or tomato & cheese Chocolate Ice Cream
SUN 24TH MAR	Roast Pork or Roasted vegetables Served with Roast Potatoes Roast Vegetables and Mixed Vegetables Spiced Apple with custard	Creamy chicken Soup Thai vegetable Curry with Steamed Rice Sandwiches, Ham & Cheese or Egg & Lettuce Peaches and cream