

THE 2024 OLYMPICS AT REMBRANDT COURT

The modern Olympic Games are the leading international sporting events featuring summer and winter sports competitions in which thousands of athletes from around the world participate in a variety of competitions.



The Olympic Games are considered the world's foremost sports competition with more than 200 teams, representing sovereign states and territories, participating. The Olympic Games are held every four years. Since 1994, they have alternated between the Summer and Winter Olympics every two and four years! Fun Fact the 2020 Olympics were postponed until 2021 as a result of the COVID-19 pandemic. The Games also provide an opportunity for the host city and country to showcase themselves to the world, this year it's Paris, France. The Paris games are scheduled to take place from the 26th of July to the 11the of August 2024 all around France (mostly Paris). Rembrandt Court is excited to involve our residents in some fun activities and games over the next month. Please reach out to the lifestyle team if you would like to get involved.

Do you know the name of the 2024 Paris Olympics' Mascot?

Rembrandt

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UPCOMING EVENTS

BASTILLE DAY Sunday, 14th July 2024



CHRISTMAS IN JULY

Friday, 26th July Main Hall From 10.30pm

RESIDENT AND FAMILY INFORMATION NIGHT

Wednesday, 31st July Main Hall From 5.30pm

NAIDOC WEEK - 7TH JULY TO 14TH JULY

On 26 January 1938, while many Australians celebrated the 150th anniversary of the landing of the First Fleet, a group of over 1000 Aboriginal people gathered at Australia Hall in Sydney to call for full citizenship status' and laws to improve the lives of First Nations people.



As one of the first major civil rights gatherings in the world, this day became known as the Day of Mourning. Since then, National NAIDOC Week has grown to become both a commemoration of the first Day of Mourning as well as a celebration of the history, culture and excellence of First Nations people. National NAIDOC Week is observed annually from the first Sunday in July until the following Sunday.

WEEKLY RESIDENT'S MEETING

The weekly residents' meeting was held on Wednesday, 10th July 2024, attended by five residents and 2 staff members.

- Residents would like the umbrellas in the cafe taken down during Winter if windy, this will encourage more winter sun!
- Residents asked about the frosted glass near the Rose House kitchen - Maintenance team is aware
- A resident has requested a small games table in Rose House.
 Same size as card table for four people to use.
- The pea soup served on Monday night was great

BABY, IT'S COLD OUTSIDE!

Now that winter is well and truly here we ask families to please take some time to review residents wardrobes. Please check that residents have appropriate winter wear to keep warm on



RESIDENTS' BIRTHDAYS

Keith Laundy – 12th July Richard Versteegh – 24th July Anna Barlow – 26th July Theo Alleman – 27th July Alwyn Ashton – 28th July Zdenek Bruderhans – 29th July

We welcome all feedback! Call 8198 0300 or email feedback@ rembrandtliving.org.au



MY WEEKLY MENU

	LUNCH	DINNER
MON 15TH JULY	Beef Cottage pie or lentil pie Served with potatoes, honey carrots and broccoli Steam Jam Pudding with Cream	Red Lentil Soup Bacon and Tomato Frittata *vegetarian option available* Sandwiches of Cheese & Gherkin OR Turkey cranberry & Mayo Ice Cream
TUES 16TH JULY	Pork Chow Min or Curried Vegetables Vegetables, Served Noodles, potatoes, roasted sweet potatoes and buttered beans Chocolate Bread and Butter Pudding	Roasted tomato, capsicum and Fetta soup Baked Potato with Bacon & Cheese *vegetarian option available* Sandwiches of Ham & Cheese OR Egg & Lettuce Spiced apples and rhubarb Cream
WED 17TH JULY	Satay Chicken or Satay Vegetables served with noodles, Potatoes, Roasted Pumpkin And Cauliflower Summer Berry Trifle	Pumpkin Soup Fetta & Spinach Spanakopita *vegetarian option available* Sandwiches of Chicken and lettuce OR Egg lettuce & mayo Strawberry Ice Cream
THURS 18TH JULY	Sausages & Vegetable Casserole with Potato Bake, Red Cabbage & Mixed Veggies Golden Syrup Dumplings	Chicken & Vegetable Soup Seafood Chowder *vegetarian option available* Sandwiches of Cheese & Gherkin OR Beef & Cheese Apricots & Custrad
FRI 19TH JULY	Crumbed Fish or Potatoes Croquettes Served with Chips, Mixed Vegetable & Greek Salad Pavlova & Berry Compote	Roast Capsicum and Zucchini Soup Teriyaki Chicken *vegetarian option available* Sandwiches of Egg & Mayo OR Ham & Cheese Steamed Banana Pudding
SAT 20TH JULY	Beef or Vegetarian Schnitzel served with potato chips, mixed vegetables or garden salad Sticky Date Pudding and Cream	Vegetable Soup Spinach and Ricotta Cannelloni *vegetarian option available* Chicken & Mayo OR Cheese & Gherkin Chocolate Ice Cream
SUN 21ST JUNE	Roast chicken or roasted mushrooms Served with roast potato, roasted vegetable, cauliflower and broccoli Black Forest Cake with Cream	Roast Vegetable Soup BBQ Chicken Pizza *vegetarian option available* Sandwiches of Cheese & Tomato OR Beef & Pickle Apple Danish and custard

Apple Danish and custard

JULY 2024

BOARD MATTERS

The monthly newsletter of the Rembrandt Living Board

Rembrandt Living is a not- for-profit incorporated association owned by Members and governed by a Board of Directors.

The Board is responsible for the overall governance, management and strategic direction of the organisation including performance in line with our goals and objectives.

The operations of the organisation are delegated to the CEO.

The Board meets at least 10 times per year.

UPCOMING MEETINGS

(dates are correct at time of publication)

MPA&I Committee Meeting 10th July 2024

Home Care Quality Care Advisory Group (HCQCAG) 26th July 2024

Home Care Consumer Advisory Committee Meeting (HCCAC) 1st August 2024

> Board Meeting 7th August 2024

Residential Consumer Advisor Committee Meeting (RCAC) 15th August 2024 The July Board meeting was held on Wednesday, July 3rd, 2024, in the Rembrandt Court Board Room, with a full Board in attendance.

This months' Aged Care Awareness Activity was led by CEO Deb who took the board through a refresher on Incident Management and the importance of this process! The group discussed the best way to describe an incident as "anything that happens out of the ordinary". Incidents must be captured (not only in case notes), even if the event was only 'told' to us, in other words, not witnessed by us. Our incident management systems incorporate the mandatory reporting of Serious Incident Response Scheme (SIRS) and Deb took the board through some examples of these.

The Board approved the 2024-25 Business Plan including an extraordinary budget of \$1M towards a business information and transformation project. This project will see concentrated work this year on room refurbishments, upgrading our IT systems, cybersecurity, and planning work for the 'Doreen Street' piece of land.

The newly documented Employee Retention Framework was also reviewed and approved by the Board. The Board said it is a really good document, meaningful, and should resonate with staff.

The Board complimented Jo Pedler, the Rembrandt Court Cafe Manager, and said the cafe goes way beyond expectations. They acknowledged the importance of the cafe for the residents, their families and our staff. It was noted that staff members come in for lunch on their days off and bring their friends with them because the food and coffee is so good!

Did you know that the Board and committees review our risks at every meeting? Effective risk management attempts to control, as much as possible, future outcomes by acting proactively rather than reactively. Therefore, effective risk management offers the potential to reduce both the possibility of a risk occurring and its potential impact. An important process indeed!

Thank you Jo!







FAMILY MEMBER FOOD SATISFACTION QUESTIONNAIRE

As part of our ongoing commitment to quality improvement we have partnered with Flinders University and the Maggie Beer Foundation to measure food satisfaction. As you have a family member living in this home, we invite you to participate in the *Family Member Food Satisfaction Questionnaire*.

Why Should You Participate?

This is your opportunity to influence positive change! Your feedback plays a crucial role in shaping our food service. Your input will help us to identify our overall performance and areas where improvement is warranted.

How to Participate?

Check your emails! You have already been sent a link to an online questionnaire which will take approximately 20 minutes to complete. Your responses are anonymous and confidential.

Your feedback matters! Join us in shaping the future of our food service by participating in our Food Satisfaction Questionnaire. We genuinely appreciate your time and look forward to hearing your feedback.



Caring Futures Institute

Questions? Ask away: agedcarefoodandnutritionresearch@flinders.edu.au



PARIS 2024

















