

The Windmill

Rembrandt Court Weekly Newsletter | Issue 456 | 30 August 2024

Rembrandt Court Rising Stars

“Those who keep learning will keep rising in life.” – Charlie Munger

As we approach the first anniversary of our Rising Stars program, we are proud to highlight its success. Launched in September 2023, the Rembrandt Rising Star Program was designed to address workforce challenges and enhance the well-being of our residents at Rembrandt Court. The program offers a fresh approach to attracting young talent to aged care.

We targeted young adults, aged 15-19, with a genuine interest in caregiving—whether high school students, university nursing students, or volunteers with relevant experience.

The program offers school-friendly hours and tasks that help alleviate the workload of our care workers and nurses. Through on-the-job training, including guidance from our in-house dementia care expert, Nicoline, the Rising Stars gain valuable skills while building meaningful connections with our residents.

Their contributions have made a significant impact, both in supporting our staff and in bringing joy to our community. We are proud of our Rising Stars and grateful for the smiles they bring to the faces of our residents.

Thank you for being an integral part of Rembrandt Living!



A Little Ray of Sunshine | Coffee & Connection



If you are reading this you most likely have a loved one residing at Rembrandt Living.

Whether is it your spouse, parent or sibling it is not an easy decision to entrust their care to someone else.

If you are like our family, finding a Residential Aged Care Facility like Rembrandt Living who specialise in dementia care was life changing. If you are like our family, you will have breathed a sigh of relief, knowing that you have done the best you can when faced with an illness that has a profound effect on everyone. Dementia impacts the whole family.

Sometimes the illness has our loved one behaving in a way that is so foreign to us, reducing us to tears and even guilt.

You are not alone, most residents families feel this way. Our loved one is Fenna. Most of the Rembrandt Living Community will have met her because she has been a resident for a very long time.

Our family still have days where we struggle, days when it all just gets too much. Other days we get to glimpse something of the old Fenna before dementia arrived.

Sound a little familiar? Well, you are not alone. Why not join us for a cuppa? You will not regret it. You will be greeted with a warm welcome, meet the caring team here at Rembrandt Living and share your experience with others as they will with you. Or just sit take time out from your busy day.

We would love to see you round the table when we next have a cuppa.



Connectivity Café

JOIN US

Rembrandt Court
10.30am - 11.30am
Thu 26 September
Wed 23 October
Wed 20 November



Book Week 2024



Our residents and staff made the most of Book Week, dressing up as their favourite literary characters.



Let's Rock!

The Adelaide Rock n Roll club dropped by Rembrandt Living to cut up the dance floor and show off their moves. Rock n Roll was the flavour of the day and a few lucky residents joined in to kick up their heels.



Weekly Resident Meeting Minutes



The weekly residents meeting was held on Wednesday 28 August 2024. The meeting was attended by eight residents and two staff members.

- The residents noted how happy they are to be here at Rembrandt Court, one resident is thrilled she has found a distant family member.
- Residents are enjoying the meals and would like to thank the kitchen staff for all their effort.
- Residents would like to encourage all residents to enjoy their meals in the main dining room to socialise over dinner.
- Residents would like lunchtime to be announced by Reception.
- Residents would like staff to introduce themselves upon entering their room or engaging with them.

Spring Clean at Rembrandt Court

Throughout September, Rembrandt Court will conduct its annual "Spring Clean." On Wednesday, 11th September 2024, our staff will thoroughly clean and declutter the entire site, including common areas, kitchens, storage spaces, nurses' stations, and staff rooms, in preparation for Spring.

We invite family members, loved ones, and volunteers to join us in this effort on 11th September. If you're unable to assist on that day, we kindly ask that you help residents review their wardrobes, removing unused or out-of-season clothing, and ensure all items are appropriately labeled.

We look forward to refreshing Rembrandt Court and appreciate any support from families and residents. If you're interested in helping, please contact Deb or Gabby as soon as possible!

Resident Birthdays

Join us in celebrating these residents on their special day.

Karl Hall | 3 September

Eddy Van Reeuyk | 3 September

Maria Hlawa | 5 September

Frank Middleton | 6 September



May he rest in peace

It is with great sadness that we announce the passing of Rembrandt Living respite resident Laurence Austin on Thursday 29th August 2024. Our thoughts and prayers are with Laurence's family and friends during this time.

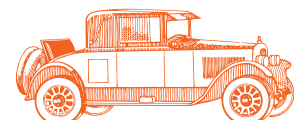


May she rest in peace

It is with great sadness that we announce the passing of Rembrandt Living respite resident Faye Morgan on Thursday 29th August 2024. Our thoughts and prayers are with Faye's family and friends during this time.

Step Back in Time with the Vintage Car Club

The Vintage Car club will have their cars on display in the rear car park on September 12 from 10.30am to 11.30am. One of the cars is 100 years old, so let's hope they all start on the day! Morning tea and coffee available.



My Weekly Menu

Lunch

Dinner

MON
2 SEP

Main: Curried Sausages or Vegetarian Sausages
Sides: Mash Potatoes, Honey Butter Carrots and Broccoli
Dessert: Pear & Blueberry Crumble

Soup: Roast Cauliflower and Potato
Main: Egg and Bacon Quiche & Salad
Sandwich: Egg & mayo or ham & cheese
Dessert: Ice Cream

TUES
3 SEP

Main: Chicken Kiev or Vegetarian Schnitzel
Sides: Chips and Garden salad or Mixed Vegetables
Dessert: Chocolate Mud Cake with Cream

Soup: Chicken and Corn Soup
Main: Salmon brown rice slice
Sandwich: Chicken & mayo or cheese & gherkin
Dessert: Stewed Apricots and Custard

WED
4 SEP

Main: Moroccan lamb or Vegetarian Curry
Sides: Sweet potatoes and Brussel Sprouts
Dessert: Ginger snap Torte

Soup: Potato & Leek Soup
Main: Home Made Pasty Slice
Sandwich: Ham & mustard or egg & lettuce
Dessert: Lemon pudding Cream

THUR
5 SEP

Main: Sweet and Sour Pork or Curry Veggies
Sides: Mashed Potato, Roast Pumpkin and Broccoli
Dessert: Mango coconut Pannacotta

Soup: Creamy Broccoli
Main: Nasi Goreng with eggs and Kroepoek
Sandwich: Cheese & gherkin or ham, cheese & tomato
Dessert: Pears & Custard

FRI
6 SEP

Main: Crumbed fish or Potato Croquettes
Sides: Potato Wedges, Mixed Vegetables or Salad
Dessert: Pavlova fruit and Cream

Soup: Lentil
Main: Honey Soy Chicken with warm Potato Salad
Sandwich: Chicken, lettuce & mayo or curried Egg
Dessert: Strawberry Cheesecake

SAT
7 SEP

Main: Chicken Meat Loaf with Chips
Sides: Potatoes and garden salad
Dessert: Chocolate Ripple Torte

Soup: Tomatoes White Bean
Main: Thai vegetable Curry with Steamed Rice
Sandwich: Turkey and cranberry or tomato & cheese
Dessert: Fruit and Ice Cream

SUN
8 SEP

Main: Roast Pork or Vegetable patties
Sides: Roast Potatoes, Roast Vegetables and Mixed Vegetables
Dessert: Spiced Apple with custard

Soup: Creamy chicken
Main: Meat lovers Pizza
Sandwich: Ham & Cheese or Egg & Lettuce
Dessert: Peaches and Custard