### Kembrandt Living

# The Windmill

Rembrandt Court Weekly Newsletter | Issue 457 | 06 September 2024

#### Rembrandt Court Spring Clean Day - New Date Friday 13 September

Throughout September, Rembrandt Court will conduct its annual "Spring Clean." On Friday, 13 September 2024, our staff will thoroughly clean and de-clutter the entire site, including common areas, kitchens, storage spaces, nurses' stations, and staff rooms, in preparation for Spring.

We invite family members, loved ones, and volunteers to join us in this effort on 13 September. If you're unable to assist on that day, we kindly ask that you help residents review their wardrobes. or out-of-season removing unused clothing, and ensure all items are appropriately labeled.

We look forward to refreshing Rembrandt Court and appreciate any support from families and residents. If you're interested in helping, please contact Deb or Gabby as soon as possible!

PLEASE JOIN
US FRIDAY
13 SEPTEMBER



#### **Garden and Grounds Update**

The roses have undergone a winter prune and been fertilised with seamungus, an organic fertiliser awaiting spring. Some have already begun showing signs of new leaf growth with the soil temperatures increasing, it won't be long until we see the roses return.

A fresh pile of mulch has been delivered which will begin to be distributed across the garden areas.



#### Out of this World!

We were thrilled to welcome Eric Philips, son of resident Keith and renowned polar adventurer and soon-to-be astronaut, to Rembrandt Living. Eric, who has braved some of the most extreme conditions on Earth. will soon embark on extraordinary journey to space aboard SpaceX. He will spend approximately orbiting the three days Earth, experiencing the ultimate adventure. Our residents were captivated by Eric's stories of polar exploration and his upcoming mission, making space unforgettable visit. Safe travels, Eric - we can't wait to hear all about your time among the stars!











#### Step Back in Time Vintage Car Club

The Vintage Car club will have their cars on display in the rear car park on 12 September from 10.30am to 11.30am. One of the cars is 100 years old, so let's hope they all start on the day! Morning tea and coffee available.

#### **Resident Birthdays**

Join us in celebrating these residents on their special day.
Pat Hutchings | 13 September Robin Vruedgenburg | 14 September Jenny Lennard | 15 September



#### Connectivity Café - Join Us

10.30am - 11.30am at Rembrandt Court Thu 26 September Wed 23 October Wed 20 November













### Weekly Resident Meeting

The weekly residents meeting was not held this week due to Eric Philips presentation. We look forward to meeting with the residents next week!

#### May she rest in peace

It is with great sadness that we announce the passing of Rembrandt Living resident Joanna Block on 2 September 2024. Our thoughts and prayers are with Joanna's family and friends during this time.

## My Weekly Menu

|                 | Lunch   | Dinner   |
|-----------------|---|--|
| MON<br>9 SEP    | Main: Beef Cottage pie or lentil pie<br>Sides: Potatoes, honey carrots and<br>broccoli<br>Dessert: Steam Jam Pudding with<br>Cream                    | Soup: Red Lentil<br>Main: Tuscan Fettuccini<br>Sandwich: Cheese & Gherkin or Turkey<br>cranberry & Mayo<br>Dessert: Ice Cream  |
| TUES<br>10 SEP  | Main: Chicken Satay or Curried<br>Vegetables<br>Sides: Potatoes, Asian vegetables and<br>buttered beans<br>Dessert: Fruit Bread and Butter<br>Pudding | Soup: Roasted tomato, capsicum and<br>Fetta<br>Main: Baked Potato with Bacon & Cheese<br>Sandwich: Ham & Cheese or Egg &<br>Lettuce<br>Dessert: Strawberry Ice Cream |
| WED<br>11 SEP   | Main: Crumbed Fish<br>Sides: Potato croquettes, Chips,<br>vegetables and garden salad.<br>Dessert: Peach cobbler or Fresh Fruit                       | Soup: Pumpkin<br>Fetta & Spinach Spanakopita<br>Sandwich: Chicken and lettuce or Egg<br>lettuce & mayo<br>Strawberry Ice Cream                                       |
| THURS<br>12 SEP | Pork or Vegetarian Meatballs in Red<br>Wine Sauce<br>Sides: Potato Bake, Roast Carrots<br>& Mixed Veggies<br>Dessert: Pavlova and Berry Compote       | Soup: Chicken and Vegetable<br>Main: BBQ Pizza<br>Sandwich: Cheese & Gherkin or Beef &<br>Cheese<br>Dessert: Apple Danish and Custard                                |
| FRI<br>13 SEP   | Spring Clean BBQ,  Dessert: Golden Syrup Dumplings  | Soup: Roast Capsicum and Zucchini<br>Main: Teriyaki Beef and Rice<br>Sandwich: Egg & Mayo or Ham & Cheese<br>Desset: Steamed Banana Pudding                          |
| SAT<br>14 SEP   | Main: Beef or Vegetarian Schnitzel<br>Sides: potato chips, mixed vegetables or<br>garden salad<br>Dessert: Sticky Date Pudding and Cream              | Soup: Broccoli<br>Main: Vegetarian Quiche<br>Sandwich: Chicken & Mayo or Cheese &<br>Gherkin<br>Dessert: Chocolate Ice Cream   |

SUN 15 SEP Main: Roast Lamb or Vegetable Patties Sides: Roast potato, roasted vegetable, cauliflower and broccoli Dessert: Black Forest Cake with Cream Soup: Roast Vegetable Main: Cajun Chicken Burgers Sandwich: Cheese & Tomato or Beef & Pickle

Stewed Apricots and custard