

The Windmill

Rembrandt Court Weekly Newsletter | Issue 459 | 20 September 2024

Rembrandt Dementia Champions





A big round of applause to the 8 new Champions (pictured right) who successfully completed dementia training at Rembrandt Court! Congratulations on this important achievement

Change is in the air!



You may have spotted the fresh new look of our Windmill newsletter. We wanted to make it easier to read and less cluttered. You asked for more photos and fun, and we heard you loud and clear! We're all ears and committed to keeping it informative and lively!

Keep up to Date

Be sure to follow our social media pages to keep up to date and share in the activities our residents get up to. Feel free to drop us a  or  when you see something you like.



Ready for a fresh look?

Pop by reception to book with Sue, our fabulous hairdresser! She's here Tuesday, Wednesday, and Thursday to make you feel your most beautiful!



Getting to know the Rembrandt Team

Name: Sarah Glenn

Job Title: Manager, People, Culture & Wellbeing

What is your country of birth? Australia!

How long have you been with Rembrandt Living? Five weeks.

What are you most excited about in your new role at Rembrandt Living? The ability to transform HR within the business to benefit our people.

What is a hobby or activity you like to do in your free time? I am very social, however I have just started playing soccer this year and am loving it.

Do you have a favourite book, movie or TV show? This is hard, I do love a good inspirational movie, Instant Family is up there for me. My favourite book at the moment is Do The Impossible by Thibaut Meurisse.

What is your favourite food? I do love Greek food but Mexican is a hard second.

What has been one of your best holidays? I would have to say Fiji although my recent trip to the Gold Coast with my 3 nieces was amazing.

Can you share a fun fact about yourself? I am extremely afraid of heights, but I am addicted to adrenaline... Due to this I have bungee jumped twice in NZ 😊



Resident Birthdays

Wishing our beautiful resident the happiest of Birthdays!

Kitty Scholten- 23rd September

Pat Wright 29th September

David Rowley - 30th September

Upcoming Events

Cooking Show

September 24, 10.30am

We'll be hosting a cooking show focusing on cake icing, inspired by the TV show "Nailed It!" This will take place in the main hall and promises to be a lot of fun.

Oktoberfest - Social Harmony

Friday 4 October, 10.30am

German themed morning tea, lunch and dessert.

We welcome all feedback!
Call 8198 0300 or
email feedback@rembrandtliving.org.au

My Weekly Menu

Lunch

Dinner

| | | |
|----------------|--|---|
| MON SEP 23 | <p>Main: Apricot Chicken or Vegetarian Casserole Sides: Roasted Potatoes, Carrots & Broccoli Dessert: Chocolate Pudding & Cream</p> | <p>Soup: Pumpkin Main: Sweet Potato & Zucchini Pasta Bake Sandwich: Turkey & Cranberry or Curried Egg Dessert: Apple Danish & Custard</p> |
| TUES SEP 24 | <p>Main: Roast Pork or Vegetarian Curry Sides: Roasted Potatoes, Carrots Cauliflower & Broccoli Bake Dessert: Cherry Cobbler and Custard</p> | <p>Soup: Bacon & Corn Chowder Main: Homemade Sausage Rolls Sides: Hot Chips Sandwich: Ham & Mustard or Tomato & Cheese Dessert: Chocolate Ice Cream</p> |
| WED SEP 25 | <p>Main: Rock Wurst or Continental Sausages, Vegetarian Sausages Sides: Buttered Spinach, Carrots & Sauerkraut Dessert: Tiramisu</p> | <p>Soup: Minestrone Main: Spinach and Ricotta Cannelloni Sides: Garden Salad Sandwich: Corn Beef & Pickles or Egg & Lettuce Dessert: Blueberry Crumble and Cream</p> |
| THUR SEP 26 | <p>Main: Beef or Mushroom Stroganoff Sides: Steamed Potatoes, Roasted Pumpkin & Brussel Sprouts Dessert: Lemon Cheesecake</p> | <p>Soup: Pearl Barley & Vegetable Main: Chicken Stir Fry Sandwich: Cheese & Gherkin or Chicken, Lettuce & Mayo Dessert: Peaches & Cream</p> |
| FRI SEP 27 | <p>Main: Crumbed Fish or Vegetarian lasagne Sides: Wedges, Mixed Vegetables & Greek Salad Dessert: Trifle</p> | <p>Soup: Chicken Vegetable Main: Bacon, Baked Beans, Scrambled Eggs & Hash Browns Sandwich: Beef & Chutney or Egg & Lettuce Dessert: Stewed Fruit & Custard</p> |
| SAT SEP 28 | <p>Main: Chicken Mushroom Casserole or Mushroom & Brown Rice Sides: Potato Bake, Carrots & Broccoli Dessert: Black Forest Cake with Cream</p> | <p>Soup: Roast Capsicum & Zucchini Main: Seafood Thai Curry with Rice Sandwich: Ham & Cheese or Chicken, Lettuce & Mayo Dessert: Vanilla ice Cream</p> |
| SUN SEP 29 | <p>Main: Roast Chicken or Roasted Vegetable Patties Sides: Gravy with Roast Potatoes, Roast Vegetables & Broccoli Dessert: Spiced Apple & Ginger Cake</p> | <p>Soup: Pea & Ham Main: Vegetarian Risotto Sandwich: Cheese & Gherkin or Beef & Cheese Dessert: Poached Pears & Custard</p> |



South Australia is taking the next steps to **REPLACE** the **WASTE**

Rembrandt Living



Government of South Australia

These products have been banned from sale, supply and distribution from 1 September 2024



Plastic barrier bags



Thick supermarket or boutique-style plastic bags



Plastic food bag tags



Single-use plastic beverage containers and lids (including coffee cups)



Single-use plastic food containers and lids



EPS food/beverage containers



Plastic balloon sticks and ties



Plastic confetti

SCAN TO LEARN MORE



Government of South Australia

Rembrandt Court is now no longer using single-use plastic beverage containers in the Cafe. Jo and her team have sourced plant based replacements.

Please have a chat with the Kitchen team, if you have any issues or concerns.

Family Members

WORDSEARCH

Find and circle the words.

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- sister
- father
- family
- mother
- son
- aunt
- uncle
- cousin
- brother
- daughter
- grandfather
- grandmother

